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Performance enhancement of downwind sails due to leading edge flapping: A wind tunnel investigation

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ABSTRACT

This work presents a wind tunnel experimental study on the effect of the leading edge flapping on the aerodynamic performance of a spinnaker. Four J80-class spinnaker models, combining two different assembling structures (panel layout) and two different sail materials are tested at various wind speeds and wind angles in a wind tunnel. Results show that, for the wind angle range the spinnaker is designed for, the sustained periodic flapping of the sail leading edge has a significant benefit on performance, with 10% increase in drive force. In these model-scale tests, the sail structural properties did not show significant differences in performance, but affect the point where flapping sets in: a model with a stiffer material and a cross-cut panel layout starts flapping for a longer sheet length, compared to a lighter cloth and a tri-radial layout. Finally, it is shown that the non-dimensional flapping frequency is rather constant \( \approx 0.4 \) in the design range of wind angle, but it varies with the wind speed and sail structural properties on a smaller wind angle where the spinnaker is more stretched.

1. Introduction

When sailing downwind, sailors usually trim their spinnakers on the verge of flapping. At a given trim, the leading edge—also called luff—spontaneously folds and unfolds periodically. This phenomenon is considered a good visual indicator that the sail is properly trimmed at the best efficiency. A common question among the sailing community for best performance is rather to trim the sail at sustained flapping or just before it appears. Downwind sails flapping—also known as curling—has only been recently scientifically studied thanks to full-scale experiments (Motta et al., 2014; Motta, 2015; Deparday, 2016; Deparday et al., 2018). It has been shown that this phenomenon results from a complex three-dimensional Fluid-Structure Interaction. A high suction peak appears near the folded area during the unfolding stage producing a temporary significant increase of the aerodynamic load. Moreover, the flapping is associated to a decrease of the aerodynamic load when the luff starts folding. Nevertheless it has not been possible to ascertain from these full-scale experiments if the sail trim is more efficient when the luff is flapping or when the sail is slightly more trimmed in.

To better assess the aerodynamic performance of downwind sails, Viola (2009) has numerically provided insights into the flow behavior, in particular in the luff area. Numerical simulations in Viola et al. (2014) have also been performed on a fixed sail shape validated with wind tunnel experiments on flexible (Viola and Flay (2009, 2011, 2010)) and semi-rigid sails (Bot et al. (2013, 2014)). Recent projects focused on the leading edge vortex flow pattern observed on downwind sail shape show promising results in the possible use of this phenomenon in other applications (Arredondo and Viola, 2016; Viola and Muir, 2017).

Nonetheless, the realistic fluid-structure interaction simulations of downwind sails represent a significant step forward. High difficulties are due to the need to consider the great influence of the added mass and simulating the flapping of the luff which is challenging mostly due to very large deformations of the sail, requiring specific and complex mesh deformation methods. Moreover, stability and convergence of the coupling scheme are challenged by the large displacements near the leading edge, associated to large variations of pressures and flow velocity. As a first approach, a finite element method has been coupled to a fluid solver by Renzsch and Graf (2010); Trimarchi et al. (2013) in order to predict the sail flying shape in static simulations. Results could be compared to wind tunnel validation cases like Renzsch and Graf (2013), Lombardi et al. (2012) and Durand et al. (2010); Durand (2012); Durand et al. (2014) successfully achieved unsteady fluid-structure interaction simulations, but so far such simulations have not been compared to full-scale or wind tunnel experimental unsteady data.
with time-resolved measurements as presented in Deparday et al. (2016a).

Unlike the full-scale tests, wind tunnel experiments are conducted in a controlled environment (Flay (1996)). Loads are usually measured onto the boat frame (Viola and Flay (2009); Campbell (2014)) and the sails flying shape detection is facilitated by the large workplace around the model. In wind tunnels, downwind sail tests are performed at a fixed “optimal trim” which is usually defined as the trim configuration where the propulsive force is maximal and when the sail shape is steady in time, i.e. when there is no flapping of the luff. Following is a review of the closely related literature with a focus on the flapping of the sail leading edge.

1.1. Closely related previous works

- Richards et al. (2001) analyse the boat speed polar for an IACC sailing downwind, reviewing the effects of the speed triangle on the mutual contributions of lift and drag. It is noted that the maximum lift coefficient is obtained when the flow is tangent to the luff, which is when the sail is on the verge of collapsing, and that a solid sail is able to generate a slightly greater lift force, but this occurs in conditions where the cloth sail would collapse. The usual rule for trimming is given: ease the sheet until the windward edge starts to collapse and pull it back in a little. This corresponds to maximum lift. No results on variations of performance with sheet trim are given.

- Lasher et al. (2005) investigate rigid spinnaker models in order to avoid a complex fluid structure interaction, and note that a soft sail might collapse before reaching the point of maximum lift used on a beam reach. They highlight that testing soft sails is necessary to determine how this would impact their results.

- Viola and Flay (2009), report results of forces and pressures measured in the Twisted Flow Wind Tunnel of the University of Auckland on three soft sail models of asymmetric spinnakers at $\beta_{AW} = 40^\circ$, $\beta_{AW} = 55^\circ$, $\beta_{AW} = 70^\circ$. The sail models, namely A1, A2, A3 have different design shapes, designed for increasing wind angles with increasing area and depth. The sail trim was adjusted in order to maximize the drive force, which was obtained for a steady, non-flapping sail for A1 and A2 and with a flapping luff for the deeper sail A3. For the latter sail, a tighter trim required to stabilize the luff and stop it flapping was also tested, and showed a reduction of drive force of the order of 10%. Unfortunately, the variations of forces for varying trims are not given for this A3 sail, and the published discussion from the reviewers of this paper highlights that the very aspect of luff flapping needed further investigation.

Hence, results on downwind sails with a flapping luff are very scarce in the literature, whereas this situation is very common in real-life yacht racing, particularly for deep downwind sails used on moderate-speed yachts. According to the authors’ knowledge, no refined study has been published to show the variations of spinnaker performance with sheet trim with emphasis on the effect of flapping.

This paper presents a wind tunnel experimental study on the effect of the flapping occurrence on the aerodynamic performance of a spinnaker.
spinnaker as shown in Fig. 1. Propulsive force, side force and sheet load are measured for a wide range of trim settings, from largely over-trimmed sail—spinnaker not flapping—to completely eased out where the spinnaker luff is curled with a permanent fold. The investigation is repeated for four spinnaker models with different structural properties (see 2.2) but identical design shape. These time-resolved measurements for a large range of trim settings, for different values of wind speed and angle contribute to build a rich database to characterize the dynamic spinnaker behavior, which can be compared to full-scale results (Deparday et al. (2018)) and remains essential for unsteady numerical/experimental comparisons. The experimental set-up and the sails used for this study are firstly described. Then the results for the different sails and conditions tested are presented and highlight the effect of the occurrence of flapping on the sail performance. Eventually specific dynamic aspects of the flapping phenomenon are characterised (see Fig. 2).

2. Experimental apparatus

2.1. Wind tunnel

The experimental campaign was carried out in a wind tunnel of the University of Auckland, New Zealand (Flay (1996)), illustrated in Fig. 3, thanks to the Sailing Fluids collaboration program (https://www.sailingfluids.org/). The twisting vanes were not used in this work in order to better control the flow. Experimental flow measurements are provided in Fig. 4a. The model was set up onto a balance (described in Aubin et al. (2016)) which can measure the different aerodynamic forces. The open-jet testing section is 7 m wide by 3.5 m high. This paper focuses on the drive force $F_i$ (aligned with the boat centreline), the side force $F_j$ (perpendicular to the boat centreline) and the sheet load $F_{sheet}$ provided by a load sensor attached to the clew point of the spinnaker. An upstream Pitot tube measured the reference wind speed $U_0$ providing the averaged reference dynamic pressure $q$ used to define the dynamic force coefficient $C_i(t) = \frac{F_i(t)}{qS}$ where $t$ stands for $x$, $y$ or sheet. The dynamic results are averaged over 30 s long runs at a sampling frequency of 200 Hz to define the coefficient mean value:

$$C_i = \overline{C_i(t)} = \frac{F_i(t)}{qS} \quad (1)$$

A remote control stepper motor was used to control the sheet length. In the presented cases, the sheet length was kept constant during each run. The 20 mm diameter carbon fibre mast was cantilevered at the step and fully rigged with stays.

2.2. Spinnaker models

A yacht sail and particularly a spinnaker is a non developable surface where the volume is partly obtained by assembling patches (panels) of cloth on curved edges along seams, in order to match the desired design shape. Four 1:4.6 model-scale J80 spinnakers with identical design shape and an area $S = 3.187 \text{ m}^2$ were designed and manufactured by Incidence Sails (see Fig. 5). The differences between the spinnakers are about the material and the panel layout. Two different fabrics are used: either the AirX 500, which is the lighter material (35 g m$^{-2}$) of the study illustrated by the symbol $\clubsuit$ or the SuperKote 0.75 material, a bit heavier (40 g m$^{-2}$) but also 40% stiffer, illustrated by the symbols $\istencia$. Two panel layouts are used: a triradial one or a cross-cut one as illustrated in Fig. 5. The cross-cut structure is the most simple and cheapest to manufacture, whereas the triradial structure enables the high modulus direction of the fabric to be aligned along the expected stresses.

It should be noted that the similitude of material properties with the full-scale situation is not respected as this is nearly impossible to achieve in wind tunnel testing. Consequently, extrapolation to full scale of the present model-scale results concerning the structural behavior will be made with care (see Section 4). Finally, a sail with a given design shape will fly with very different flying shapes according to the trim and the flow it is subjected to. For more details on spinnaker flying shapes, the reader is referred to Deparday et al. (2016a) where a detailed analysis of a similar spinnaker is made with sail shape measurements at full scale.

3. Wind tunnel results

This section presents the results from the force measurements in the wind tunnel. The time-averaged forces are analysed first, and then, the evolution in time is presented.

3.1. Time-averaged force coefficients

The influence of the sheet length on the drive force is presented here for the four spinnaker models and for different apparent wind speeds and angles. Three different apparent wind angles ($\beta_{aw} = 120^\circ$;
For a characteristic behavior can be observed in Fig. 6 for all spinnakers. When the sheet is eased from the most overtrimmed situation, after a smooth increase followed by a 50 mm wide plateau at \(C_{FL} \approx 1\), a sharp jump of the drive force occurs in a range of 10 mm–20 mm around the verge of flapping up to \(C_{FL} \approx 1.15\). The maximum drive force is reached with a sheet eased 10 mm–20 mm after flapping appears and is more than 10% higher than with the steady shape just before flapping. When easing the sheet again from this point, the drive force decreases as the flapping area increases until a permanent fold is maintained for the few lowest values of sheet length. The aerodynamic performances of the spinnaker with a permanent fold are always deteriorated compared to the over eased flapping state. This characteristic variations of driving force with the sheet trim is clear and independent of the structural details of the spinnaker model at this apparent wind angle the sail is designed for. Now we investigate how this finding holds for different apparent wind angles.

For \(\beta_{AW} = 120^\circ\), shown in Fig. 7, the same trend can be described but with a bit more scatter. At this apparent wind angle, the spinnaker is less stable and more subject to perturbations. The drive force peak is a bit less sharp and lower than in the previous case, but the maximum drive force is still observed with a sustained flapping of the leading edge, obtained when the sheet is eased 20–30 mm after the occurrence of flapping.

For \(\beta_{AW} = 80^\circ\), shown in Fig. 8, two different trends can be observed for the evolution of drive force with the sheet length. Depending on the paneling method, the curves show either one or two local maxima. The global maximum drive force is located on different trims regarding the verge of flapping for the different spinnakers. The maximum drive force occurs before this limit for the triradial panel layout contrary to the cross-cut one where a second local maximum is identified just after the verge of flapping. In the AirX 500 case (Fig. 8b), the best performance is reached at the second local maximum, slightly eased after the verge of flapping. In the SuperKote 0.75 case (Fig. 8d), drive force seems identical for the two maxima configurations, identified 100 mm before or slightly after the flapping occurrence. Overall, at this tight apparent wind angle, no clear benefit of flapping can be drawn in general for all tested models contrary to higher apparent wind angles.

Moreover, to analyze the influence of the sheet length and the flapping on the whole yacht balance, side force and sheet load should also be considered. For the paper clarity, the side force and the sheet load are presented for one spinnaker and one angle only, as the described trend is identical for all studied cases. Fig. 9 presents representative cases of the flapping occurrence effect on the side force and the sheet load coefficients. The side force coefficient monotonously decreases when the sheet is eased as the aerodynamic force becomes more oriented forward. The time-averaged side force is not strongly affected by the occurrence of flapping, except for a slightly steeper slope just after flapping starts. The related reduction of side force is an additional benefit of the flapping for the sailing performance, and another reason to ease the sheet more than the occurrence of flapping even at tight wind angles.

The sheet load coefficient is affected by the flapping as illustrated in Fig. 9b where a local maximum is observed after the occurrence of...
flapping. This local maximum is associated to the maximum drive force previously observed, as aerodynamic forces are transmitted to the three points of the sail, thus to the sheet. The higher the apparent wind angle, the more significant this local maximum in the sheet load coefficient. The flapping effects on side force and sheet load coefficient remain significantly smaller than the ones observed on the drive force. This is consistent with what was found by Viola and Flay (2009) for the heeling moment.

3.2. Evolution in time of the force coefficients with flapping

In order to better understand the leading edge flapping, the force fluctuations are analysed and the flapping reduced frequency is determined.

The fluctuations of forces are of course affected by the leading edge flapping. Fig. 10 shows the drive force coefficient time series in both non-flapping and flapping cases. It is clear that the leading edge flapping is responsible for a strong periodic oscillation of the drive force. Table 1 gives the standard deviation of the drive force in both flapping and non-flapping states for the different spinnaker models. It shows that the fluctuation amplitude is more than doubled by the occurrence of flapping in cases and \( \beta_{aw} = 120^\circ \), but only marginally increased in the case \( \beta_{aw} = 80^\circ \). Indeed in the latter case of a tight apparent wind angle, the spinnaker is much more constrained due to less camber and a tighter sheet. It is then less free to move around and the flapping affects a smaller area around the leading edge. For and \( \beta_{aw} = 120^\circ \), fluctuations are dominated by the flapping, as shown on Fig. 10. Observation of the fluctuation amplitude in forces may be used for flapping detection with possible applications for an autonomous onboard trimming system.

3.3. Flapping reduced frequency

One parameter of interest is the natural frequency of flapping \( f_c \). This frequency has been determined both from the video footage of the spinnaker models and by spectral analysis on the force signals with identical results. Results are shown as a function of the flow velocity on Fig. 11, where the dimensionless reduced frequency \( f_c \) is defined like in Deparday (2016); Deparday et al. (2017) as:

\[
  f_c = f_c \frac{S}{U_{aw}}
\]

For \( \beta_{aw} = 120^\circ \), and to a lesser extent for \( \beta_{aw} = 80^\circ \), the spinnaker luff flaps at a constant reduced frequency around 0.35–0.4 whatever the wind speed and structural features of the model. This means that the flapping frequency at these wind angles is probably driven by the dynamics of the flow itself, which forces flapping at this given reduced frequency. Indeed, the signature of this periodic oscillation is visible in the evolution of the drive force even in the absence of flapping (see Fig. 10), showing that the excitation from the vortex shedding already exists. The Strouhal number —non-dimensional frequency based on the section depth as the characteristic length instead of \( \sqrt{S} \) — of these oscillations is of the order of 0.2, suggesting that the oscillations are forced...
by the vortex shedding from the large separation at the rear of the sail. Such large-scale vortex shedding has already been observed in pressure measurements on a semi-rigid spinnaker model by Bot et al. (2013, 2014) with a similar Strouhal number and associated to the oscillation of the trailing edge separation point.

For the tightest wind angle $\beta_{AW} = 80^\circ$, the reduced frequency decreases with increasing flow velocity and depends on the structural properties of the spinnaker model. This reveals a more subtle fluid-structure coupling of the aeroelastic system in this case. Comparing these two cases, it may be considered that the spinnaker flying at a tight wind angle is more constrained (stretched) than when it is flying at a deeper wind angle where the forces on each corner are more oriented in the same direction and the spinnaker is rather free to move laterally. This consideration is supported by the observed global oscillations of the sail at $\beta_{AW} = 120^\circ$, which is not observed at $\beta_{AW} = 80^\circ$.

In the present experimental database, the flapping frequency may be used as a quantitative parameter to characterize the dynamics of this complex aeroelastic system, to compare different situations and to validate the ability of an unsteady fluid-structure interaction simulation to resolve the leading edge flapping instability.

4. Discussion

In most of the previous wind tunnel studies about spinnaker performance, the spinnaker was usually trimmed “on the verge of flapping”, meaning that the sheet is eased until the leading edge starts flapping and is trimmed back in order to suppress flapping and achieve a steady flying shape. This condition is usually considered as the optimum performance trim. The present results show a strong increase in performance when the sheet is eased further after the occurrence of curling in order to obtain a sustained periodic flapping of the leading edge. This observation is made in the wind angle range the spinnaker is rather free to move laterally. This may lead to reconsider what was called the optimal performance trim of a spinnaker in previous wind tunnel studies.

The aerodynamic forces measured for the different spinnaker models are similar and no general trend emerges from this investigation to rank the different structural properties tested -triradiial versus cross-cut panel layout, AirX 500 versus SuperKote 0.75 fabric-in terms of performance. However, the different structural properties are shown to affect the occurrence of flapping. From the different results obtained, we can observe that flapping appears for a shorter sheet length for the
triradial panel layouts. In the triradial structure, the first top radial seam close to the leading edge and nearly parallel to the luff (see Fig. 5) seems to facilitate the folding process. On the contrary for the cross-cut structure, the seam in the horizontal direction (see in Fig. 5) makes a significantly stiffer luff to resist curling. Indeed, the seams are made of the superposition of two cloth layers, responsible for a locally higher bending stiffness which is not negligible at this model scale.

For a given panel layout and flow speed, the lighter material AirX 500 triggers the curling for a shorter sheet length. The spinnaker being lighter, its flying shape tends to be more elevated with a top luff more likely to go to the windward side closer to the curling situation. Moreover the lighter material also has lower stiffness and inertia, and then is more sensitive to flow fluctuations.

In general, the faster the flow, the shorter the sheet length where curling appears, as the sail can fly higher and closer to the curling situation thanks to a higher flow dynamic pressure.

This study is to be connected to a full-scale study by Deparday et al. (2016b, 2017) where the dynamic effects of spinnaker flapping on forces and pressures are shown. A refined analysis of pressure variations associated to the luff flapping is given in Deparday et al. (2018). From the present wind tunnel study, extrapolation to full scale is not straightforward as there is no similitude particularly in terms of structural properties. Indeed, the fabrics used to make the present models are also used to make full-scale spinnakers, but the flow dynamic pressure and aerodynamic loads are much lower. Hence, the present observations about the influence of the sail’s structural properties may not hold at full scale. Nevertheless, the main result — i.e. the optimal performance is obtained for a sustained periodic flapping of the leading edge for $\beta_{lw} \geq 100^\circ$ — looks very robust and independent from the structural properties. This finding is then very likely to hold at full scale.

4.1. Recommendations for sailors

Recommendations on the best practice to trim a spinnaker to its optimal performance can be inferred from this study, depending on the wind angle. Note that these conclusions are obtained for a J80-class type of spinnaker—deep asymmetric spinnaker with a very loose luff, designed for VMG downwind sailing on a moderate-speed yacht—and may not apply to a flatter tight-luffed sail designed to sail at hotter apparent wind angles.

Following the results observed in the wind tunnel:

1. On a running course, say $\beta_{lw} \geq 100^\circ$, the sheet should be eased slightly more than the limit of curling, in order to obtain a sustained flapping of the luff. Note that the optimal driving force obtained with a flapping luff is as high as 10% greater than for a slightly tighter trim resulting in a steady spinnaker luff which compare well with previous findings from Viola and Flay (2009). The refined and extended trim settings tested in the present paper nevertheless highlights that the optimal trim peak is narrow—a sheet length amplitude of order 20 cm on a full-scale J80—and performance
deteriorates rapidly when the sheet is eased further towards a permanently folded luff.

2. On a reaching course, say $\beta_{AW} = 80^\circ$ the optimal trim may depend on the sail's structural properties. For a smaller apparent wind angle, $\beta_{AW} = 80^\circ$ which is rather off-design for this sail, no clear benefit of flapping is shown in general and the accurate optimal spinnaker trim may depend on the sail's structural properties. In this model-scale study, no significant difference in performance is observed between the two sail cloths and panel layouts tested. However, stiffer and heavier cloth as well as cross-cut structure make the flapping appear at a slightly longer sheet length, compared to a lighter fabric and triradial paneling.

In the wind angle design range, the reduced frequency of the leading edge flapping is constant, indicating that the frequency is driven by the flow itself. As the Strouhal number of these oscillations is close to 0.2, it is suggested that the flapping might be mostly driven by the vortex shedding from the large separated area at the rear of the sail, but this would need further investigation, both about the fluid structure interaction of soft sails, and also with rigid sails to better understand the excitation from the fluid itself in a more simple situation. In a more prospective view, it may be interesting to test a forced dynamic

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**Fig. 9.** Side force and sheet load coefficient on representative cases. Vertical lines associated to $U_{\infty}$ represent the edge of flapping for each flow velocity tested. (a) Side force coefficient $C_{F_{\text{s}}}$. (b) Sheet load coefficient $C_{F_{\text{sheet}}}$ for $\beta_{AW} = 100^\circ$ for the spinnaker crosscut AirX 500.

**Fig. 10.** Time series comparison between a flapping and a non flapping case for the Spinnaker cross-cut SuperKote 0.75 $L_s \beta_{AW} = 120^\circ$. Time series filtered using a Savitzky-Golay filter of order 2 of span 201 samples. Mean value levels over the represented 10 s are provided by the dash lines.

**Table 1**

Representative values of the standard deviation of the drive force coefficient $C_{t}(t)$; nf stands for non flapping case and f for flapping case.

<table>
<thead>
<tr>
<th>$\beta_{AW}$</th>
<th>80$^\circ$</th>
<th>100$^\circ$</th>
<th>120$^\circ$</th>
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<tbody>
<tr>
<td>sail</td>
<td>nf</td>
<td>f</td>
<td>nf</td>
</tr>
<tr>
<td>SPI TRI AirX 500</td>
<td>2</td>
<td>2.5</td>
<td>2.5</td>
</tr>
<tr>
<td>SPI TRI SuperKote 0.75</td>
<td>2</td>
<td>2.5</td>
<td>2.5</td>
</tr>
<tr>
<td>SPI CC SuperKote 0.75</td>
<td>1.75</td>
<td>2.5</td>
<td>1.5</td>
</tr>
<tr>
<td>SPI CC AirX 500</td>
<td>2</td>
<td>3</td>
<td>2.5</td>
</tr>
</tbody>
</table>

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5. Conclusions

The effects of leading edge flapping on a downwind sail are investigated by analyzing aerodynamic forces as a function of sail trim on J80-class spinnaker models, for various wind speeds and angles. This type of spinnaker is rather deep and designed to sail at apparent wind angles around 100$^\circ$ or 120$^\circ$. The four tested spinnaker models combine two different sail cloths—AirX 500 and SuperKote 0.75—and two different panel layouts—cross-cut and triradial. The measured evolution of force coefficients are not dependent on the wind speed. The results show that the occurrence of flapping is associated to a significant increase in the drive force for all tested models, in the design range of wind angle. The maximum drive force is then obtained with a sustained periodic flapping of the leading edge, and is around 10% higher than with a steady sail shape at the limit of flapping, obtained with a slightly tighter sail trim. This highlights the necessity to consider the natural dynamic behavior of downwind sails and may lead to reconsider what was called the optimum spinnaker trim with a steady sail shape in some previous works. The effects of flapping on the side force and sheet load are much smaller than on the drive force.
trimming of the spinnaker—as was done on an upwind sail in Aubin et al. (2016)—especially for trimming frequencies close to the natural frequency. (a) $\phi_{WW}=120^\circ$. (b) $\phi_{WW}=100^\circ$. (c) $\phi_{WW}=80^\circ$.

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Fig. 11. Reduced natural frequency of the flapping vs. flow velocity. Error bars represent the uncertainty on the measured frequency. (a) $\phi_{WW}=120^\circ$. (b) $\phi_{WW}=100^\circ$. (c) $\phi_{WW}=80^\circ$. 

SPI TRI AirX 500 SPI CC AirX 500 SPI TRI SuperKote 0.75 SPI CC SuperKote 0.75

References